

Renew Youth

CarolAnn Tutera is dedicated to restoring hormonal balance and well being

CarolAnn Tutera helms SottoPelle® and Tutera Medical, the valley's premier bioidentical hormone therapy (BHRT) provider, uses pellet implants over pills, patches, or creams for hormone treatments. Pellet implants are often superior to other delivery systems because people forget to take pills, and pellets release hormones on a natural schedule that mimics what the body produces.

But, what benefits can one get from hormone replacement therapy? "As we age, our hormones and bodies don't work quite the same as they used to. Bioidentical hormone treatment is a great option for those wanting improved energy and vitality, a decrease in bone loss, and increases in muscle mass," CarolAnn says. Tutera Medical also offers patients peptides, IV treatments, among other wellness services that restore the body's organs, systems and functioning to their healthy youthful state.

As SottoPelle's CEO, CarolAnn, says what she enjoys most about her job is working with her team of experts in the office. She's the wife of the late Dr. Gino Tutera, and together they started the company in 1992. BHRT, using pellet therapy, was pioneered by Dr. Gino Tutera, who played a critical role in its development as a viable and successful medical method. He began using Bioidentical Hormone Replacement Therapy - BHRT - in 1979 to prevent pregnancy loss. This treatment was not without criticism, but it nevertheless helped a great many people. Tutera Medical is considered the pioneer in hormone pellet therapy. CarolAnn and her team are currently working on a shampoo & conditioner product to further complement their hair repair supplement.

Although she's a leading voice in the field, CarolAnn has been a patient for the past 26 years. "Our staff keeps me actively involved and always leaves me feeling excited about new products and procedures that we bring to both companies," she says. She also believes strongly in giving patients the best treatment and care at affordable prices. "We offer pellet hormone replacement therapy that is tailored to meet our patient's specific needs," she shares.

This year saw further expansion for SottoPelle® throughout the world. As the gold standard in the field, SottoPelle's reputation is world renown. "I am honored to be part of this company and continue to see it grow," she says. CarolAnn was listed by Vanity Fair's Women to Watch and was the face of HRT in Phoenix Magazine for four consecutive years. Tutera Medical was also voted the best HRT office at Ranking Arizona for six years.

CarolAnn says the most valuable lesson she's learned is that everyone has setbacks in life, but how a person handles them and learns from them is what truly matters.

Contact Tutera Medical or SottoPelle® at 480.874.1515 or visit www.tuteramedical.com, www.sottopelletherapy.com, located at 8412 E. Shea Blvd., #101, Scottsdale, AZ 85260.